

COURTYARD CAFE

please see our blackboards for courtyard house specials

BREAKFAST/BRUNCH

Brunch Bites (all day)

Shoreditch 8

smashed avocado, pumpkin seeds, chilli flakes, coriander leaves, rocket and a squeeze of lime, on redbournbury seeded or sourdough toast.

Bolt Ons: add smoked salmon 4.5, bacon 3, fried egg 1.5, feta 4

Scrambled Eggs and Smoked Salmon 12.5

scrambled free range eggs, slices of goldstein smoked salmon, fresh dill rocket and a squeeze of lemon on buttered redbournbury seeded or sourdough toast

Eggs on Toast 7/8

fried or scrambled free range eggs on buttered redbournbury seeded or sourdough toast

Bacon Buttie 7.5

crispy fried bacon in buttered redbournbury seeded or sourdough bread (why not add a fried egg 1.5)

Breakfast (until 11.30)

The Covent Garden 12 (vegan)

garlic roasted sweet red pepper, balsamic mushrooms, roasted cherry vine tomatoes, wilted baby spinach, humous with pumpkin seeds and avocado, served with redbournbury seeded or sourdough toast (great with an added fried egg 1.5)

The Smithfield 12.5

2 thick crispy bacon rashers, 2 free range fried eggs, balsamic thyme mushrooms, roasted cherry vine tomatoes, wilted baby spinach, served with redbournbury seeded or sourdough toast

Fruit + Grains

Granola Bowl 8

gluten free granola, greek yoghurt or coconut milk, topped with courtyard house mixed berry compote, banana, berries and chia seeds

Porridge Pot 7

porridge made with milk (or oat milk 1) and topped with banana, blueberries, pecans and cinnamon sugar

Toast + Pastries

aussie raisin cinnamon

toast w/ butter 3

redbournbury seeded or sourdough toast w/ butter 3

croissant 2.8

pain au chocolate 3

pain au raisin 3

jam, marmalade, marmite, peanut butter

Our Hertfordshire Roasted Nairobi Coffee is Rainforest Alliance Certified

We are a small cafe kitchen preparing fresh food

Please ask about our gluten free options and inform us about any allergies or dietary requirements

Free BT Guest Wifi, no passcode!



@courtyardcafestalbans



@courtyardcafe11